

ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA
 Visit The Rotary Club of Winchester website at www.winchesterrotary.com
 Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

July 20, 2017

ROTARY IN THE PARK! July 6-27

- July 27 - Board Meeting GW Hotel, 6 pm
- Aug 3 - FAMILY PICNIC IN THE PARK, *no noon meeting*
- Aug 24 - Board Meeting GW Hotel, 6 pm
- Sept 16 & 17 Apple Harvest Festival
- Sept 28 - Shrimp Feed, no noon meeting
- Oct 2 - Rotary Golf Tournament
- Nov 2 - Awards Night, GW Hotel, no noon meeting
- Nov 23 - Thanksgiving, No Meeting
- Dec 14- Holiday Social at WCC, *no noon meeting (evening event)*

TODAY

Our program will be presented by **Robin Owen** of the Community Garden. Robin will talk about eradicating food insecurity in our community.

GOLF TOURNAMENT

You don't have to be a golfer to help. If you would like to get involved with the Golf Tournament, see Don Louque, III. The tournament usually raises between \$10k-\$12k. The committee will announce the beneficiary soon.



FAMILY PICNIC

The sign-up sheet for the **August 3rd Family Picnic** continues to circulate please volunteer your time for prep, serving or clean up if you are able.

WELCOME A-BOARD!

Libba Pendleton and Dave Smith were installed as Directors on the Board.



NEW MEMBER

Janet Housey was inducted as a new member of the club.



PRESENTATION

Executive Director Lauren Cummings and members of the Northern Shenandoah Valley Substance Abuse Coalition were presented a check for \$10,000 from the area collaborative grant.

OUR PROGRAM LAST WEEK

Brandan Thomas, Executive Director of the Winchester Rescue Mission discussed the impact that homelessness is having on our community, the strides that the Mission is making to combat the problem and the desperate need our area has for a women's homeless shelter.



Brandan, a father of three and local pastor has been serving the Mission since 2008. Brandan spoke passionately about the noble work being done by the Mission including serving dinner to approximately 60 men, women and children each and every night. The Mission partners with area grocers and restaurants, they take what is needed at the Mission from these donations and distribute the remaining food to those in need throughout the community.

The Mission has 32 beds and Brandan says they have been at capacity most nights since October. Only men can stay overnight at the Mission so unfortunately they are forced to turn away 1 to 7 women a week in need of overnight shelter. The lack of an adequate women's shelter is not unique to our area as Brandan says they are challenged to find any suitable alternatives from Hagerstown to Harrisonburg for the women they turn away.

Brandan explained the misperception that many have about the homeless. He says that these are not individuals who are lazy or trying to game the system, "70% of the people the Mission serves are suffering from some form of mental illness."

Brandan discussed the changing demographics surrounding homelessness. No longer is the homeless population made up of middle aged men suffering from hard times now they are often younger and suffering from some form of addiction. Often they haven't had the chance to develop the necessary skills to find work and improve their situation even after they find sobriety.

The Mission has recently launched a case management program to help determine each individual's issues and the cause of their homelessness. They then collaborate with area organizations like Literacy Volunteers, NW Community Services and the Drug Court to get them the help that they need.

Brandan told the club about an upcoming Apple/Android App that is being developed called Get Help. This will allow members of the community instant access to information about area services when they encounter someone in need. He also emphasized that the Mission does everything it can to not enable homelessness but to put individuals on a positive path. Brandan has regularly become friends with those he serves and asks himself "how do I solve the issues that face my friends?"



It is normal custom for our guest speakers to receive a "small token" at the end of their talk from the club president. At the conclusion of Brandan's talk President Julia did not hand him a token but instead a \$5,000 check from our district matching grant.

Need to make-up an absence? Check out these area club meetings:

- Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon
- Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm
- Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am
- Front Royal - Friday Lunch - Houlihan's - Noon
- Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm
- Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

- New Market - Wednesday Lunch - The Shenvalle - 12:10 pm
- Purcellville - Thursday - Bethany United Methodist Church - 7:00 am
- Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon
- Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am
- Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm
- Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

Absentees: 7-13-2017

William Aiken
Jean Barch
Jackie Bates
Mary Braun
Darcus Breneman
Kerri Burkhart
Tom Byrd
Kevin Callanan
David Chandler
Linda Coffman
Nancy Davis

John Elrick
Dana Evans
Carolyn Fitzwater
Melissa Fortner
Rob Frogale
Wilson Gilbert
Jenny Grooms
Sven Hlywiak
Mark Jaccard
Geraldine Kiefer
Neile Martin
Darla McCrary
Ron Price

Ken Rice
Earl Riddick
Mary Riley
Sue Scarborough
Karen Schultz
Irv Shendow
Jeannie Shiley
Karey Starnes
David Sweeney
Michelle Thomas
Ajay Virmani
Michael Williams
Kelly Wolfe

Make-ups* (Date & Function Attended)

Jean Barch - 5/18 - Rummage Sale
Mary Braun - 6/3 - Rummage Sale
John Elrick - 6/3 - Rummage Sale (2)
Carl Esterhay - 7/6 - Oregon Club Mtg.
Robert Hall - 7/10 - eClub
Sven Hlywiak - 7/10 - Frederick Co.
John Lamanna - 6/5 - Rummage Sale
Debbie Parrish - 3/25 - Kaleidoscope
Mary Riley - 6/3 - Rummage Sale
Irv Shendow - 6/29 - Board Meeting
David Smith - 7/11 - Gaithersburg, MD
Karey Starnes - 6/29 - Board Meeting

Turning in a Make-up?

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at winchesterrotary.com under Member Login.

Visitors & Guests Last Week

Chris Scott, guest of Fran Crawford
Lauren Cummings & Steve Cluss, guests of Don Butler
Madalyn Illar, guest of Jennifer Stanford
Richard Kennedy, guest of Cary Claytor
Ken Blackwell, guest of Jaime Karalis
Victoria Kerr, guest of Allison Lowry
Janice Housey, club guest

SPECIAL THANKS TO SCOTT

President Julia acknowledged immediate Past President Scott Arthur (this time in person) for his successful year as club president and for preparing her for the year ahead.

Rotary Leadership Institute

On Friday, August 11 the **Rotary Leadership Institute** will be held in Winchester at LFCC, 8:30 a.m. through 4:30 p.m. (includes lunch). This is a wonderful introduction to Rotary and gives Rotarians, both new and established, a better understanding of the structure of Rotary and how their club can make a difference in the world.

The club will pay for 1/2 of the cost of attendance. The total registration fee is \$95.00, so your cost will be \$47.50.

Here's what you need to do:

Go to the District 7570 website: www.rotary7570.org
Click on the "Events" tab and choose "RLI Training Events"
Click on "[Click Here to Register or Event Info](#)" (highlighted in yellow)
Register for the Winchester session

Once you've registered, please submit your request for \$47.50 (refund of 1/2 the cost) to Dick Kent, Treasurer. If you have any questions or need assistance with registration, see President Julia.

Rotary Club of Frederick Co. July Meeting Schedule

July 25th, 7:30 am at The Kids Clubs of the Northern Shenandoah Valley (2400 Roosevelt Blvd).

The meetings will return to Westminster Canterbury starting on August 1st at 7:30 am.

 **We're updating our ROTARY YEARBOOK...please check your info and let Karey Starnes know if there are any changes.**

EVENT MAKE-UP SLIP

The Rotary Club of Winchester

Print Your Name: _____

Event Attended: _____

Date of Event: _____

Committee, Board, Community Event

Date of Missed Meeting: _____

(Turn in at Sergeant at Arms Desk)

Next Board Meeting JULY 27th - 6 PM

Board Meeting, GW Hotel

Attitude Adjustment 5:30 pm

All are welcome! AND it counts as a Make-up!

OUR DRAWING LAST WEEK

The holder of the winning \$18 ticket did not come forward so President Julia informed this reporter that she was giving the winnings to the **Northern Shenandoah Valley Substance Abuse Coalition**. Thanks to the anonymous donor. The jackpot begins with \$37 today.

HEALTH TIP

Libba celebrated **National Ice Cream month** by describing the healthy merits of our favorite frozen treat. She said that in addition to being filled with various vitamins and calcium, Ice Cream is an excellent energy source. Ice cream has also been known to reduce stress, mood swings and insomnia. She does encourage us all to practice *moderation* in our consumption.

Shenandoah Music Festival

Don't forget to buy your tickets to the **Shenandoah Valley Music Festival at Orkney Springs this Saturday, July 22** where Rotarians will gather for a fun evening of music and fellowship. The tickets are \$50 (see Bill Bennett) and your ticket purchase will result in a \$57 donation to help fight polio...**Rotarians making a difference in the world!**



FLASH! Bus transportation is available from Westminster Canterbury to/from Orkney Springs for just \$10 per person. If you are interested in riding on the bus rather than driving yourself, please email Michael Williams (MWilliams@svwc.org) directly. The deadline for securing a seat on the bus is TODAY at 5 pm so please be sure to let Michael or Julia know if you are interested. **REMEMBER, \$19 of every \$50 ticket will be used to fight Polio and the GATES Foundation will match DOUBLE making it \$57 to fight Polio!!**

President
President-Elect
Secretary
Treasurer

Julia Connell
Paul Magness
Cary Claytor
Dick Kent

BOARD OF DIRECTORS

2016-2019 Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden
2015-2018 Jean Barch, Tom W. Byrd, Roy Schwartz, Ed White
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith

IMMEDIATE PAST PRESIDENT - Scott Arthur

Cog Wheel Staff: Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: Paul Burkholder

Reporter: Tom Byrd