

### ROTARY 4-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Published weekly by the ROTARY CLUB of WINCHESTER, VIRGINIA  
Visit The Rotary Club of Winchester website at [www.winchesterrotary.com](http://www.winchesterrotary.com)  
Address Rotary correspondence to P.O. Box 412, Winchester, VA 22604

Chartered 1921

August 10, 2017

Aug 24 - Board Meeting GW Hotel, 6 pm  
Sept 16 & 17 Apple Harvest Festival  
Sept 28 - Shrimp Feed, no noon meeting  
Oct 2 - Rotary Golf Tournament  
Nov 2 - Awards Night, GW Hotel, no noon meeting  
Nov 23 - Thanksgiving, No Meeting  
Dec 14- Holiday Social at WCC, **no noon meeting (evening event)**  
Dec 21 Evans Home Christmas Party WCC (pizza lunch)  
Dec 28 Holiday Break - no noon meeting no meeting

### TODAY

Past **DG Chris Runion** visit and Paul Harris Fellow award presentations.

### FAMILY PICNIC

An extra special thanks to Dan Martin and his team for a wonderful Rotary Family Picnic. Thanks also to all of the grill-masters who prepared the delicious BBQ chicken, the chefs who cleaned & cooked the tasty corn and potatoes, and the servers who served up all of this fabulous food, drinks and dessert. And to all of the dedicated Rotarians (and family members) who spent their afternoon/evening preparing, setting-up and cleaning up afterward. We had a great turnout of Rotarians, family and friends and received many positive comments about the food and fellowship. And to top it off, even the weather was perfect! It takes many hours and much preparation to make our picnic a success, thank you all for your dedication and service. **Kudos to the Family Picnic Team!!**



### HELP NEEDED - SEPTEMBER 28

The Fun Bunch is in need of help for the Shrimp Feed. **They are needing a club member who would be willing to order and pick up the beverages and deliver them to Izaak Walton EARLY on the morning of the event (Sept 28) and put them in the big electric cooler so they are cold by 5:30 p.m.**



Marc Jaccard will provide a list of beverages and the vendor contact information. The total load is a few cases -- enough to fit in a small SUV.

If you are a member of **Izaak Walton** it would be a bonus (but not necessary)... then there wouldn't be any chance of getting hassled at the gate to the park.

If you have always wanted to be a "member" of The Fun Bunch, now is your chance! Please contact Marc Jaccard as soon as possible. His email address is [jaccarws@shentel.net](mailto:jaccarws@shentel.net).

### OUR LAST PROGRAM

**Hedgebrook Farms** owner **Kitty Hockman-Nicholas** and Community Garden organizer **Robin Owens** closed out our summer meetings in the park with a discussion about the Farm and the Garden. Kitty is a third generation farmer and second generation dairy farmer operating the business that her family has owned for 111 years. The farm's focus is on a raw milk cow boarding program, The Herds Inn vacation home, grass-fed hormone-free meats, and seasonal educational tours. This year they achieved accreditation as a USDA organic farm. They also have a bee sanctuary and are getting ready to open their first "tiny house" which will be available for guests to stay. Kitty says she personally milks the cows twice a day 365 days a year. She thanked our club members for supporting agriculture and agritourism.



Hedgebrook Farm

In 2009 members of the Opequon Presbyterian Church approached Miss Kitty with the idea for a community garden. She agreed and under the leadership of Robin Owens that original seven bed garden has now become a garden with 34 raised beds and produced 2,300 pounds of produce last year. Robin described the garden as not your typical community garden where members garden their own small piece of land but a garden that serves the community and encourages community involvement. Robin said that most of the food goes to the Highland Food Pantry which is the largest food provider for those in need in Winchester and Frederick County. Robin says it takes plenty of work, sweat and love to produce the bountiful harvest of sweet potatoes, tomatoes, peppers, cauliflower, broccoli, radishes, squash, herbs and beans. Robin encouraged those interested in lending a hand to help water, weed or pick to sign up at [opequonchurch.org](http://opequonchurch.org). She offered to host anyone interested in a garden tour to come out to Hedgebrook Farm. Robin is also the Gifted Resource Coordinator for Frederick County schools. She oversees the counties' gifted independent study program.



### Need to make-up an absence? Check out these area club meetings:

Clarke County - Wednesday Lunch - Berryville Presbyterian Church - Noon  
Charles Town - Tuesday Lunch - Jefferson Hospital - 12:15 pm  
Frederick County - Tuesday Breakfast - Westminster Canterbury - 7:30 am  
Front Royal - Friday Lunch - Houlihan's - Noon  
Hagerstown - Wednesday Lunch - Venice Inn - 12:15 pm  
Leesburg - Thursday Evening - Rivercreek Country Club - 6:00 pm

New Market - Wednesday Lunch - The Shenvalle - 12:10 pm  
Purcellville - Thursday - Bethany United Methodist Church - 7:00 am  
Strasburg - Tuesday Noon - Strasburg Moose Lodge - Noon  
Warren Co. (was Linden) - Wednesday Breakfast, Mom's Country Kitchen - 7:00 am  
Warrenton - Thursday Lunch - Stoneridge Events Center - 12:15 pm  
Woodstock - Wednesday Lunch - Woodstock Moose Lodge - 12:05 pm

**Absentees: 7-27-2017**

William Aiken  
Dee Dee Barbour  
Jeff Barbour  
Jackie Bates  
Erik Beatley  
Darcus Breneman  
Kerri Burkhart  
Paul Burkholder  
Cary Claytor  
Anthony Crosen  
Marie DiLorenzo  
Bruce Downing  
Dana Evans

Rob Frogale  
Jenny Grooms  
Sven Hlywiak  
Jaime Karalis  
David Kent  
Todd Lilley  
Neile Martin  
Chuck Peterson  
Nadine Pottinga  
Ron Price  
Ken Rice  
Tom Rockwood  
Diane Ruckman  
Terry Sinclair

Dave Smith  
David Sovine  
Jennifer Stanford  
Bob Stieg  
Patricia Taylor  
Diana Thorne  
John Tyson  
Ajay Virmani  
Ben Weber  
Michael Williams  
Stuart Williams  
Dick Wiltshire  
Kelly Wolfe

**Absentees: Picnic**

William Aiken  
Jenny Baker  
Dee Dee Barbour  
Erik Beatley  
Kerri Burkhart  
Tom W. Byrd  
David Chandler  
Frances Crawford  
Anthony Crosen  
Marie DiLorenzo  
Dana Evans  
Carolyn Fitwater  
Rob Frogale  
Wilson Gilbert  
Jenny Grooms

Brian Hester  
Sven Hlywiak  
Robert Hall  
John Huddy  
Alex Iden  
Doug Joyner  
Geraldine Kiefer  
Deborah Langftit  
John Lewis  
Todd Lilley  
Allison Lowery  
Paul Magness  
Neile Martin  
Kit Molden  
Kent Mull  
Debbie Parrish  
Chuck Peterson

Nadine Pottinga  
Ron Price  
Tom Rockwood  
Diane Ruckman  
Sue Scarborough  
Jeannie Shiley  
Terry Sinclair  
Jay Smith  
Jonathan Snowden  
Michelle Thomas  
John Tyson  
Ajay Virmani  
Ed White  
Stuart Williams  
Kelly Wolfe  
Ryan Zelaski

**Make-ups\* (Date & Function Attended)**

Beatley - 7/13 - Golf Committee Meeting  
Cary Claytor - 7/17 - Apple Harvest Committee Meeting  
Fortner, Meliss - 7/20 - Orientation Meeting  
Sven Hlywiak - 7/17 - Apple Harvest Committee Meeting  
Jaime Karalis - 7/13 - Golf Committee Meeting  
Dwight Kemp - 7/25 - Martinsburg Sunrise  
Geraldine Kiefer - 7/18 (2) - Akron, OH  
Chuck Peterson - 7/17 - Apple Harvest Committee Mtg  
Diane Ruckman - 6/3 - Rummage Sale Floating  
Sue Scarborough - 7/19 - Clarke County  
Patricia Taylor - 7/17 - Apple Harvest Committee Mtg  
Ridge White - 7/17 - Apple Harvest Committee Meeting  
Richard Wiltshire - 7/18 - Frederick County  
Erik Beatley - 7/13 - Golf Committee Meeting  
Tom T Byrd - 7/12 - Clarke County  
Linda Coffman - 7/27 - Board Meeting  
Jeff David - 8/2 - Frederick Co Fair  
Brian Hester - 7/27 - Golf Committee Meeting  
John Huddy - 7/27 - Golf Committee Meeting  
Jaime Karalis - 7/13 - Golf Committee Meeting  
David Kent - 6/26 - Rummage Sale  
Kit Molden - 7/27 - Golf Committee Meeting  
Kent Mull - 7/27 - Golf Committee Meeting  
Diane Ruckman - 6/3 - Rummage Sale  
Roy Schwarz - 7/27 - Board Meeting  
Jonathan Snowden - 7/17 - Apple Harvest Mtg  
Ryan Zelaski - 7/13 - Golf Committee Meeting

**Turning in a Make-up?**

Please make sure to complete all information, including your name, the event or club attended, date attended and date making-up on all make-cards and slips submitted. Make-ups can also be submitted online at [winchesterrotary.com](http://winchesterrotary.com) under Member Login.

**Next Board Meeting**

**August 24th - 6 PM**  
**GW Hotel**

**Attitude Adjustment**  
**5:30 pm**

**All are welcome! AND it counts as a Make-up!**

**OUR LAST DRAWING**

Ridge White took home \$24 in our last drawing but missed out on the jackpot when he drew the five of clubs. Today our jackpot begins at \$78.



**HEALTH TIP**

Libba touched many a club member's soft spot by celebrating National Scotch Whiskey Day and lauding its health benefits??? Scotch has no carbs, acts as a blood thinner, contains powerful antioxidants and can be used as a disinfectant. But as many a club member can attest all of these wonderful benefits can be overridden if you consume too much.



**GOLF TOURNAMENT**

Brian Hester reported that there are just one or two spots left for major sponsors for the October 2nd golf tournament. They are still looking for hole sponsors so see Brian if you are interested.



**AND, remember, you don't have to be a golfer to help.** If you would like to get involved with the Golf Tournament, see Don Louque, III.

**OUR NEWEST MEMBER**

President Julia recognized our newest member, Janice Housey for the second time. Take a minute to welcome her!

**President**  
**President-Elect**  
**Secretary**  
**Treasurer**

**Julia Connell**  
**Paul Magness**  
**Cary Claytor**  
**Dick Kent**

**BOARD OF DIRECTORS**

2016-2019 Jenny Baker, Jamie Karalis, Kent Mull, Jonathan Snowden  
2015-2018 Jean Barch, Tom W. Byrd, Roy Schwartz, Ed White  
2017-2020 Paul Frank, John Lamanna, Libba Pendleton, Dave Smith

**IMMEDIATE PAST PRESIDENT - Scott Arthur**

**Cog Wheel Staff:** Jenny Baker, Belinda Barbour, Mary Braun, Paul Burkholder, Tom W. Byrd, Sharen Gromling, Don Karolyi, Tom Maccubbin, Chuck Peterson, Sue Rich, Gene Schultz, Dave Smith, Steve Straight

Photos: John Huddy

Reporter: Tom Byrd

**APPLE HARVEST FESTIVAL BINGO**

The Apple Harvest Festival BINGO games need prizes! Prizes can include: Gift Baskets, Free Meals, Alcohol, Event Tickets, Collectibles, Gift Cards, Gas Cards, Movie Passes, Sporting Items, Tools, Electronics, etc. Take a look in your "gift" closet and see if you have anything that needs to be "re-gifted. Questions or donations can be directed to Darcus Breneman, [dbreneman@twg-insurance.com](mailto:dbreneman@twg-insurance.com) or call her at 540-327-3780.



**NICE UPDATE**

Don Butler reported that the female drug court participant whom he spoke to us about last winter is making great progress thanks to donations from our club.

She is now in the 4th stage of the drug court, has a job and an apartment and is an incredibly positive person. He said that our club certainly helped change her world. *Thank you all!*

**LAST CHANCE!** We're updating our **ROTARY YEARBOOK...please check your info and let Karey Starnes know if there are any changes.**

**EVENT MAKE-UP SLIP**

The Rotary Club of Winchester

Print Your Name: \_\_\_\_\_

Event Attended: \_\_\_\_\_

Date of Event: \_\_\_\_\_  
Committee, Board, Community Event

Date of Missed Meeting: \_\_\_\_\_

**(Turn in at Sergeant at Arms Desk)**